Endsleigh Holy Child VC Academy – COVID-19 Guide

**What are the symptoms of COVID-19 to look out for?**

* **A high temperature (37.8C or higher)**
* **A new, *continuous* cough\***
* **A loss of, or change to your sense of smell or taste**

Next Steps

Actions to Take

What do I do if ……?

**Positive Result:**

**Child isolates for 10 days from onset of symptoms and household isolates for 14 days**

**Negative result:**

**Child can return to school (if well enough) and household stops isolating**

**DO NOT come to school**

**Household self-isolates**

**Book a test as soon as possible for your child**

**Inform school immediately about absence and provide test result when received**

**Follow instructions from NHS Test and Trace**

**Child can return to school if they have not developed any of the above symptoms**

**Household stops isolating if they haven’t developed symptoms**

**DO NOT come to school**

**Inform school immediately of test result**

**Household (including child) completes remainder of 14-day isolation period (symptomatic person completes remainder of 10 day isolation period)**

**…someone in my child’s household has tested positive for COVID-19?**

**Positive Result:**

**Symptomatic person isolates for 10 days from onset of symptoms and household (including child) isolates for 14 days**

**Negative result:**

**Household stops isolating**

**DO NOT come to school**

**Household self-isolates**

**Book a test as soon as possible for the symptomatic person**

**Inform school immediately about absence and provide test result when received**

**…someone in my child’s household has one or more (however mild) of the above symptoms?**

**Follow instructions from NHS Test and Trace**

**Child can return to school if they no longer have a high temperature**

**DO NOT come to school**

**Inform school immediately of test result**

**Child completes remainder of 10-day self- isolation**

**Household completes remainder of 14-day self-isolation**

**…my child has tested positive for COVID-19?**

**…my child has one or more of the above symptoms?**

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What do I do if ……?

**If your child’s symptoms change to include any of those listed above, then DO NOT come to school**

**Household self-isolates**

**Book a test as soon as possible for your child**

**Use your usual judgement to decide if your child is well enough to attend school**

**Inform school immediately about absence in the usual way**

**If in doubt, seek medical advice online otherwise call 111**

**…my child has different symptoms – a cough that isn’t continuous; a runny nose; sore throat; sneezing?**

**Stay alert to onset of any of the above symptoms**

**Household self-isolates and a test booked for anyone that develops any of the above symptoms**

**…my child has different symptoms – sickness and/or diarrhoea?**

**24 or 48 hours?**

**Your child can return to school once symptom-clear for 24 hours**

**In the event of a bug/virus, you may wish to extend their time away for an additional 24 hours**

**Follow usual procedure and   
DO NOT come to school**

**Inform school immediately  
about absence in the usual way**

**Follow instructions from NHS Test and Trace**

**Child can return to school if they have not developed any of the above symptoms**

**Other household members should remain alert to onset of any of the above symptoms**

**DO NOT come to school**

**Inform school immediately about absence**

**Child isolates for 14 days from last contact with diagnosed contact**

**Household only isolates if child has symptoms**

**… NHS Test and Trace has identified my child as a ‘close contact’ of someone who has tested positive for COVID-19?**

**…NHS Test and Trace has identified someone in my child’s household as a ‘close contact’ of someone who has tested positive for COVID-19?**

**Your child can come to school if the household member identified as a ‘close contact’ does not have the above symptoms**

**The household member isolates for 14 days from last contact with diagnosed contact**

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What do I do if ……?

**If you have arrived from/travelled through exempt countries only, then your child can return to school**

**Otherwise, DO NOT come to school and your household must quarantine for 14 days**

**Inform school immediately**

**…my family is returning to the UK from abroad\*\*?**

**Stay alert to onset of any of the above symptoms**

**Household self-isolates and a test booked for anyone that develops any of the above symptoms**

**… someone in my child’s household is returning to the UK from abroad?**

**Stay alert to onset of any of the above symptoms**

**Household self-isolates and a test booked for anyone that develops any of the above symptoms**

**Your child can attend school**

**The household member must quarantine for 14 days if they have returned from/journeyed through a non-exempt country**

**\**a new continuous cough* – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)**

**\*\* as usual, parents should plan their holidays within school breaks and avoid seeking permission to take their children out of school during term time**