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Logo, company name

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Physical Education

Intent Statement

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PE on a page:

Long Term Plan:

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EYFS

## Physical development and the EYFS

Physical development is one of the three prime areas within the **Early Years Foundation Stage** (EYFS). Each prime area is divided into Early Learning Goals, for physical education the main area is:

* Gross Motor Skills

Children at the expected level of development will:

* Negotiate space and obstacles safely, with consideration for themselves and others;
* Demonstrate strength, balance and co-ordination when playing;
* Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

A picture containing diagram

Description automatically generatedSkills Progression: Dance

Making

F.M.S Fundamentals, Fitness and Athletics

A picture containing text

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Games: through ball skills, sending and receiving, invasion, target, net and wall, striking and fielding games.

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Body management: Yoga and Gymnastics.

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OAA

Calendar

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Swimming (KS2)

Diagram

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Lesson design:

|  |  |  |
| --- | --- | --- |
| **2 – 2 -2 Lesson Structure** | | **Retrieval Practice** |
| 1 & 2 | Observe  Working with a PE specialist you should take an active part in the lesson using the 2-2-2 feedback proforma. | All lessons should begin with a ‘Revisit’ on previous learning. This shows the children what they have already achieved and how their new learning will build upon this. Teachers should encourage children to draw on other areas of the PE Curriculum that the skill supports and will build upon. |
| 3 & 4 | Team Teach  Working collaboratively with the PE specialist you should deliver the lessons together. | **Challenge & Support** |
| 5 &6 | Deliver  Using the PE Specialist as a resource, you will take an active role in delivering the lesson receiving next steps to further develop your practice. | Space, Task, Equipment and People (STEP) is a good model to support pupils to make progress within a lesson. This will ensure that ALL children are able to access the learning and make progress over time. |
| **PE Lessons** | | **Marking & Feedback** |
| Children should be appropriately dressed for each lesson. PE lessons should be highly active and engaging. Children should not be queuing or in games where they are ‘out’ often with all children encouraged to engage. Within the lesson pupils should be given opportunities to develop social, emotional and cognitive skills. Technical vocabulary should be used and modelled through teacher and pupils within the lesson. | | Live feedback should be at the centre of every PE lesson with all adults and children clear on the focus of the lesson and spending time critiquing skills so that WAGOLLs can be celebrated and children can support each other develop their skills.  Self-reflection should be supported so that children can challenge themselves and support can be quickly identified through STEP. |

Lesson Design

EYFS:

A screenshot of a computer

Description automatically generated with medium confidenceSpring: Introduction to PE Unit 1

KS1 – Pri

nting

A screenshot of a computer

Description automatically generated with low confidenceSpring: Fundementals Unit 1

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Description automatically generated with low confidenceSpring: Dance Unit 1

K

A screenshot of a computer

Description automatically generated with low confidenceSpring: Ball skills Unit 1

KS1 – Printing S1 – Printing

A screenshot of a computer

Description automatically generated with low confidenceSummer: Gymnastics Unit 1

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Description automatically generated with low confidenceSummer: Games Unit 1

Summer: Fundamentals Unit 2

Year 1:

Autumn: Fundamentals

Graphical user interface, text, application, email

Description automatically generatedKS1 – Pri

nting

Graphical user interface, text, application, email

Description automatically generatedAutumn: Dance

K

Graphical user interface, text, application, email

Description automatically generatedAutumn: Ball skills

KS1 – Printing S1 – Printing

Autumn: Yoga

Graphical user interface, text, application, email

Description automatically generated

Graphical user interface, text, application, email

Description automatically generatedSpring: Gymnastics

Graphical user interface, text, application, email

Description automatically generatedSpring: Target Games

K

Graphical user interface, text, application, email

Description automatically generatedSpring: Net and Wall

KS1 – Printing S1 – Printing

Spring: Sending and Receiving

Graphical user interface, text, application, email

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Graphical user interface, text, application, email

Description automatically generatedSummer: Athletics

Graphical user interface, text, application, email

Description automatically generatedSummer: Invasion

Summer: Striking and fielding

Graphical user interface, text, application, email

Description automatically generated

Lesson Design

Year 2:

Graphical user interface, text, application, email

Description automatically generatedAutumn: Fundamentals

KS1 – Pri

nting

Graphical user interface, text, application, email

Description automatically generatedAutumn: Dance

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Graphical user interface, text, application

Description automatically generatedAutumn: Ball skills

KS1 – Printing S1 – Printing

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Autumn: Yoga

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Graphical user interface, text, application, email

Description automatically generatedSpring: Gymnastics

Graphical user interface, text, application, email

Description automatically generatedSpring: Target Games

K

Graphical user interface, text, application, email

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KS1 – Printing S1 – Printing

Spring: Sending and Receiving

Graphical user interface, application

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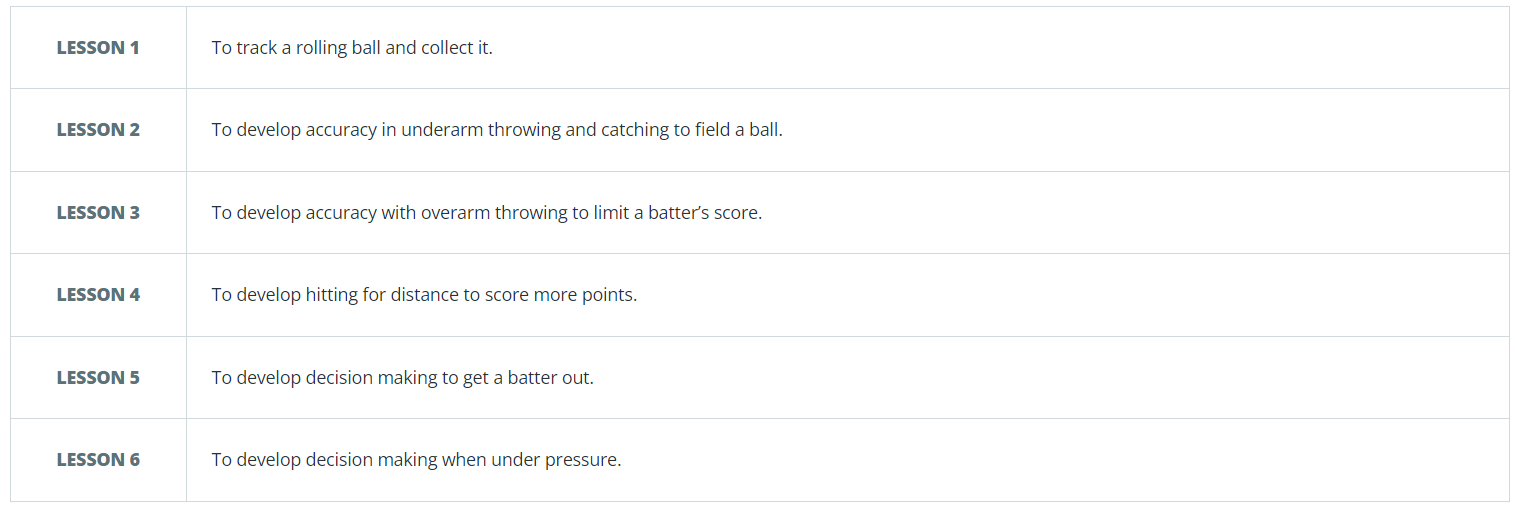
Graphical user interface, text, application, email

Description automatically generatedSummer: Athletics

Graphical user interface, text, application, email

Description automatically generatedSummer: Invasion

Summer: Striking and fielding



Graphical user interface, text, application, email

Description automatically generatedAutumn: Fundamentals

KS1 – Pri

nting

Graphical user interface, text, application, email

Description automatically generatedAutumn: Dance

K

Graphical user interface, text, application

Description automatically generatedAutumn: Ball skills

KS1 – Printing S1 – Printing

#

Autumn: Yoga

Graphical user interface, text, application, email

Description automatically generated

Graphical user interface, text, application, email

Description automatically generatedSpring: Gymnastics

Graphical user interface, text, application, email

Description automatically generatedSpring: Target Games

K

Graphical user interface, text, application, email

Description automatically generatedSpring: Net and Wall

KS1 – Printing S1 – Printing

Spring: Sending and Receiving

Graphical user interface, application

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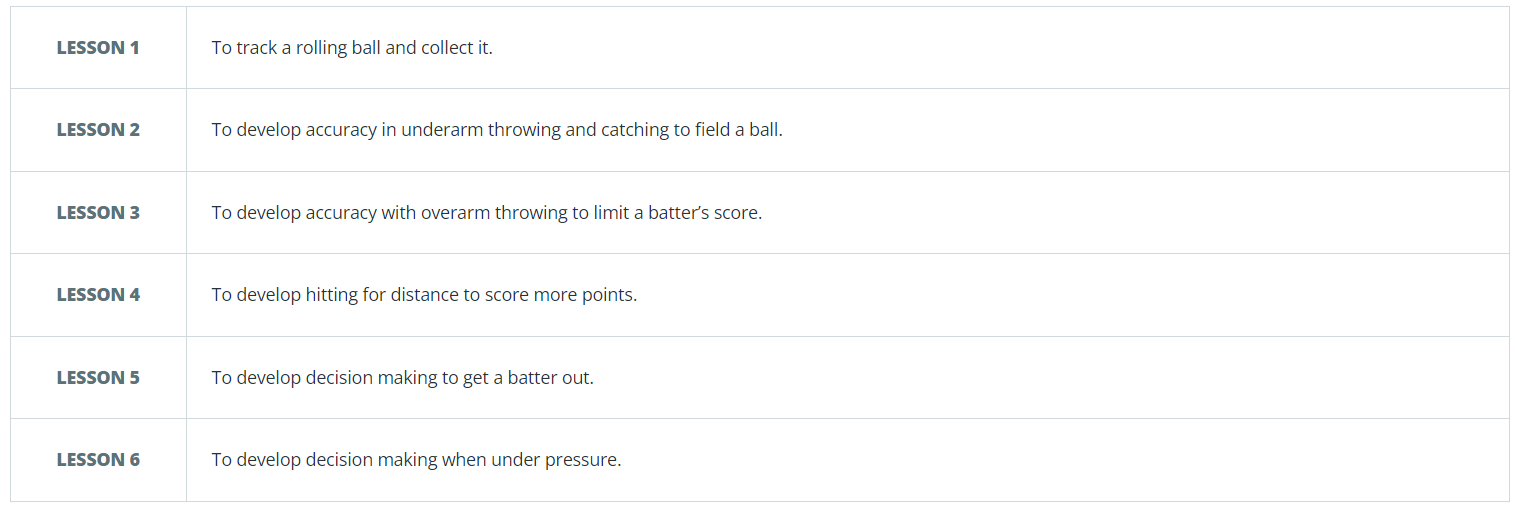
Graphical user interface, text, application, email

Description automatically generatedSummer: Athletics

Graphical user interface, text, application, email

Description automatically generatedSummer: Invasion

Summer: Striking and fielding



Year 3

A screenshot of a computer

Description automatically generated with low confidenceAutumn: Gymnastics

KS1 – Pri

nting

A screenshot of a computer

Description automatically generated with low confidenceAutumn: Ball skills

K

Graphical user interface, text, application, email

Description automatically generatedA screenshot of a computer

Description automatically generated with medium confidenceAutumn: Fundamentals

KS1 – Printing S1 – Printing

Autumn: Fitness

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Description automatically generated with low confidence

A screenshot of a computer

Description automatically generated with low confidenceSpring: Dance

A screenshot of a computer

Description automatically generated with medium confidenceSpring: Tennis

K

A screenshot of a computer

Description automatically generated with low confidenceSpring: Netball

KS1 – Printing S1 – Printing

A screenshot of a computer

Description automatically generated with low confidence

Spring: Handball

A screenshot of a computer

Description automatically generated with low confidenceSummer: Athletics

A screenshot of a computer

Description automatically generated with low confidenceSummer: Tag Rugby

Summer: Rounders

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Description automatically generated

Year 4

Autumn: Gymnastics

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Description automatically generated with low confidenceAutumn: Gynastics

A screenshot of a computer

Description automatically generated with low confidenceAutumn: Ball skills

K

A screenshot of a computer

Description automatically generated with medium confidenceAutumn: Fundamentals

KS1 – Printing S1 – Printing

Autumn: Fitness

A screenshot of a computer

Description automatically generated with low confidence

A screenshot of a computer

Description automatically generated with low confidenceSpring: Dance

A screenshot of a computer

Description automatically generated with low confidenceSpring: Tennis

K

A screenshot of a computer

Description automatically generated with low confidenceSpring: Netball

KS1 – Printing S1 – Printing

A screenshot of a computer

Description automatically generated with low confidence

Spring: Handball

Summer: Athletics

A screenshot of a computer

Description automatically generated with low confidence

A screenshot of a computer

Description automatically generated with low confidenceSummer: Tag Rugby

Summer: Rounders

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Description automatically generated

KS1 – Colour Theory, Sketching and Drawing

Year 5

Autumn: Gymnastics

A screenshot of a computer

Description automatically generated with low confidenceAutumn: Gynastics

A picture containing text, screenshot, line, font

Description automatically generatedAutumn: Football

K

A screenshot of a computer

Description automatically generated with low confidenceAutumn: Basketball

KS1 – Printing S1 – Printing

Autumn: Yoga

A screenshot of a computer

Description automatically generated with low confidence

A screenshot of a computer

Description automatically generated with low confidenceSpring: OAA

A screenshot of a computer

Description automatically generated with low confidenceSpring: Fitness

K

A screenshot of a computer

Description automatically generated with low confidenceSpring: Tennis

KS1 – Printing S1 – Printing

Spring: Dodgeball

A screenshot of a computer

Description automatically generated with medium confidence

Summer: Dance

A screenshot of a computer

Description automatically generated with low confidence

A picture containing text, screenshot, font, line

Description automatically generatedSummer: Athletics

Summer: Cricket

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Description automatically generated with low confidence

+//KS1 – Colour Theory, Sketching and Drawing

Year 6

Autumn: Gymnastics

A screenshot of a computer

Description automatically generated with low confidenceAutumn: Gynastics

A picture containing text, screenshot, line, font

Description automatically generatedAutumn: Football

K

A screenshot of a computer

Description automatically generated with low confidenceAutumn: Basketball

KS1 – Printing S1 – Printing

Autumn: Yoga

A screenshot of a computer

Description automatically generated with low confidence

A screenshot of a computer

Description automatically generated with low confidenceSpring: OAA

A screenshot of a computer

Description automatically generated with low confidenceSpring: Fitness

K

A screenshot of a computer

Description automatically generated with low confidenceSpring: Tennis

KS1 – Printing S1 – Printing

A screenshot of a computer

Description automatically generated with low confidence

Spring: Dodgeball

Summer: Dance

A screenshot of a computer

Description automatically generated with low confidence

A screenshot of a computer

Description automatically generated with low confidenceSummer: Athletics

Summer: Cricket

A screenshot of a computer

Description automatically generated with low confidence