

# EXPRESS YOURSELF

This week is children's mental health week.

More than ever, we are aware of the need to look after the well being of all of our community.

This Friday, we would like our children to take part in as many non-screen activities as possible with family if learning from home. In school, we will also be focusing on non screen activities.

We will be share our Non Screen Bingo in the morning and would love to see what activities you choose for the afternoon. As the theme is 'express yourself', we would like children to come to school in their brightest and most cheerful clothes. We look forward to seeing pictures of activities done at home in your brightly coloured clothes too.

